

ABOUT MICHAEL FISCHMAN

A leader in the field of personal development and best-selling author of *Stumbling Into Infinity: An Ordinary Man in the Sphere of Enlightenment*, Michael Fischman is the U.S. president and one of the founding members of the nonprofit Art of Living Foundation, whose programs have impacted more than 25 million people around the world. Fischman has led breathing and meditation workshops at the United Nations, NASA, the World Bank, IBM, the MD Anderson Cancer Center, the Army National Guard, and retreat programs in many other settings. A native New Yorker, he currently resides in Boca Raton, Florida. More can be found at stumblingintoinfinity.com and artofliving.org.

ABOUT HIS BOOK

Stumbling Into Infinity: An Ordinary Man In the Sphere of Enlightenment

By Michael Fischman

Morgan James Publishing, October 22, 2010 • 296 pages • Trade paperback • Price: \$17.95

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Book trailer: http://www.youtube.com/watch?v=7Pzrm_8k0kY

As Deepak Chopra notes: “Michael Fischman’s journey reveals how fears and negative emotions can be transformed into love, compassion, and higher consciousness when a student has an authentic relationship with a wise teacher.”

Stumbling Into Infinity: An Ordinary Man In the Sphere of Enlightenment is a compelling narrative that blends remarkable spiritual experiences with an inner struggle and search for meaning. It joins a long tradition of spiritual memoirs that open readers to new experiences and ways of seeing the world.

With elements of *Eat, Pray, Love* and *Autobiography of a Yogi*, ***Stumbling Into Infinity*** takes us on the journey that led the author to his unlikely role as friend and helper to an enlightened seer (spiritual leader and humanitarian, His Holiness Sri Sri Ravi Shankar, who inspired opposing parties in India to lay down their arms after a decade of bloody violence). It is a personal story that affirms the growing influence of breathing, meditation, and yoga as a powerful resource for health and spiritual growth.

Morgan James Publishing was selected by *Publisher’s Weekly* as the third-fastest growing publisher in tough times for 2009, for its leading creative thinking, significant accomplishments, and potentially momentous impact on the industry over the next decade.

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